

BRAVE MISS WORLD

#IAmBrave

TAKE ACTION
TIPS

1. #IAmBrave Photo Challenge

After watching Brave Miss World, a great way to share the impact the film had on your life is by taking an **#IAmBrave** selfie. Download the template on our website at www.BraveMissWorld.com/IAmBrave or simply write I AM BRAVE on a piece of paper, add a message which describes your thoughts or feelings, and hold the paper up in front of you. When posting the image, please add the #IAmBrave hashtag to your post. Examples of a message: "I am Brave..."

- *because I'm a survivor. #IAmBrave*
- *because I want to make the world a better place. #IAmBrave*
- *to make sure no one else becomes a victim. #IAmBrave*

2. Share Your #IAmBrave Story

Are you a victim of rape, attempted rape or sexual assault?

Do you have a friend or family member who is a victim?

Are you willing to help educate the public about sexual assault by sharing your story?

We know that it's difficult to share personal experiences, and that not everyone is prepared to do so. We believe that your survival story can **inspire others** who may be victims of sexual assault to come forward and receive the help they need. Our hope is that the process of sharing your struggle will help you overcome what happened and heal, as well as connect you to a community that lets you know you're not alone.

Go to www.BraveMissWorld.com/Share for submissions.

3. Share #BraveMissWorld on your social media accounts

Share a sexual assault statistic on Twitter or make one your Facebook status for an entire day. Connect your share to the **#BraveMissWorld** website www.BraveMissWorld.com so your friends and family members can find out more information.



1 out of every 6
American women has
been the victim of rape
or attempted rape in her
lifetime.



1 in 4 college women
are victims of rape or
attempted rape.



Every 2 minutes, another
American is sexually
assaulted.



60% of rapes are not
reported to the police.

4. Join the #IAmBrave mailing list at www.BraveMissWorld.com